

Hotel Accommodations

Union League Club of Chicago
65 W. Jackson Boulevard
Chicago, Illinois

Hotel Rate is \$189/night +20% surcharge
Call the hotel at: (1.800) 443-0578
Or clubservices@ulcc.org

Reference ***HAWC 2019 National Conference***
To ensure the group rate you must book by October 11.

About HAWC



The Hellenic American Women's Council (HAWC) is a 501c3 nonprofit, nonpartisan, nationwide network whose mission is to identify and harness the tremendous talents of Hellenic American Women.

HAWC encourages awareness of public policy issues and promotes women who wish to play leadership roles in their communities, the nation and their professional fields of endeavor.

For more information about HAWC, visit us at www.hawcnet.org Email Hawcgreatlakes@gmail.com or contact Great Lakes HAWC Officers:

Stella Kalfas - 847-340-8775 or

Anna Moreno - 773-865-9007

Hellenic American Women's Council
1025 Connecticut Avenue N.W., Suite 1000
Washington D.C. 20036
www.hawcnet.org

HAWC

The Hellenic American Women's Council

26th National Conference

*Learn, Laugh, Thrive
A Fulfilling Life*

November 1 & 2, 2019

Union League Club of Chicago
65 W. Jackson Boulevard
Chicago, Illinois

Conference Program

Friday, November 1, 2019

Welcome Reception

Hosted by Dame Dr. Evangeline Gouletas

6:00 -8:00 pm **Cité**

At the top of Lake Point

Tower 505 North Lake
Shore Drive Chicago, IL

Saturday, November 2, 2019

8:30 -9:30 am Registration and Continental Breakfast

9:30 -9.45 am Welcome and Opening Remarks

9:45-12:00 noon Panel Discussion

Moderator:

Maria Christodoulou, BA, MLS

Clinical Herbalist

Founder & CEO *Bliss Without Bother*

Panelists:

Christina Jones, LCSW

Psychotherapist and consultant

Diane Kochilas

Host of "My Greek Table" TV Series

Cookbook Author, Celebrity Chef

Emmaline Rasmussen, MS, RD, E-RYT

Registered Dietitian and Nutrition Researcher at

NorthShore University Health System

Founder and CEO at Sound Nutrition, LLC

Registered Yoga Teacher

Lynda Turloukis

Certified Laughter Yoga Master Trainer

Professional Life Coach

Conference Program

Saturday, November 2, 2019 (continued)

12:30-2:30pm Luncheon and Award Presentation

Aristeon Award Honoree

Maria Pappas,

Cook County Treasurer

3:00 -3:45 pm The Laughter Experience

4:00 -5:00 pm Annual Business Meeting

Conference Fees

Early Registration by October 20	\$95
After October 20 Registration	\$110
Students	\$50
Luncheon only	\$75

Registration should be mailed to:

HAWC c/o Anna Moreno 2074 W. Pratt Blvd. Chicago, IL 60645

Or register online at: www.Tiny.cc/HAWCREG